



STEWARDS CORNER
PRESENTS 5XFIVE
WITH/

RACHEL DONALD

WRITER + DOCUMENTARIAN
Planet: Critical





STEWARD'S CORNER
PRESENTS 5XFIVE
WITH

Steward's Corner | 5XFIVE asks five questions to those tending to the present, for a flourishing future.

From community weavers, entrepreneurs to scientists, artists, designers and more - each is stewarding a different thread of planetary care.

PLANET: CRITICAL

The crises we are living through are not separate. They rhyme. They echo. They reinforce one another.

Rachel Donald has made it her work to sit with this discomfort, and to trace the hidden lines that bind planetary breakdown, political failure, and human violence into a single, confronting story. Through **Planet: Critical**, and its sister project **Planet: Coordinate**, she leads two independent media platforms spanning podcasts, newsletters and documentary films, each grounded in frontline reporting from within the poly-crises themselves.

Her work is slow, rigorous, and connective. Part journalism, part systems thinking, part embodied inquiry, Rachel weaves across ecology, economics, patriarchy and power, inviting us to see the world not as fragments, but as an interdependent whole that has been violently mismanaged.

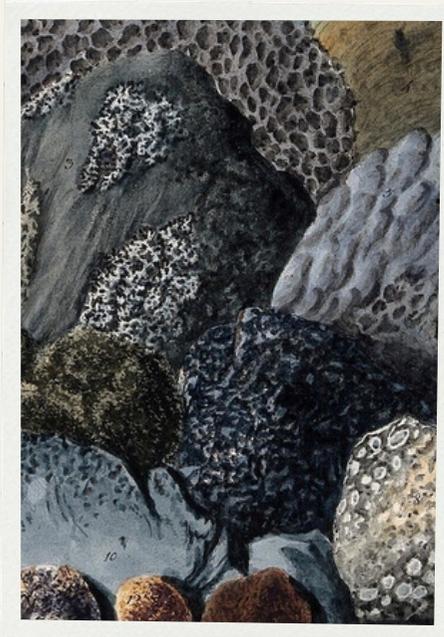
This inquiry will soon take a new form in her upcoming debut book, *Her Body, Our Choice* (2027) - drawing a direct, uncompromising line between the exploitation of the Earth and violence against women.

For the *Age of the Steward* 5XFIVE series, we invited Rachel into conversation to share her thoughts to our five signature questions. What follows is a series of distilled responses - each an invitation to reckon, to connect, and - perhaps most importantly - to reimagine what responsibility looks like in a world asking to be cared for differently.



STEWARD-IN-TRAINING

WHAT DOES A FLOURISHING FUTURE MEAN
TO
YOU?



Bird song, verdant greens, crystal waters, fruit picked off the tree, laughter. Life stretching out to embrace herself, roots wending through the earth. Human gazes filled with purpose. A sense of stillness which still rustles with possibility. Aches felt in stubbed toes and worked muscles, not heavy souls. A flourishing future is defined by collective prosperity, for one and all, for every species, every ecosystem. One in which we travel through stories and remember words to describe that which had been lost in our alienation.

WHAT CURRENT CHALLENGE ARE YOU AIMING TO SOLVE?

How to feel the violence inflicted
against Earth as violence inflicted
against our own bodies.

What's the
first best
step
someone
can take,
who is
interested
in your
field?



LEARN TO READ,
WRITE AND
LISTEN.

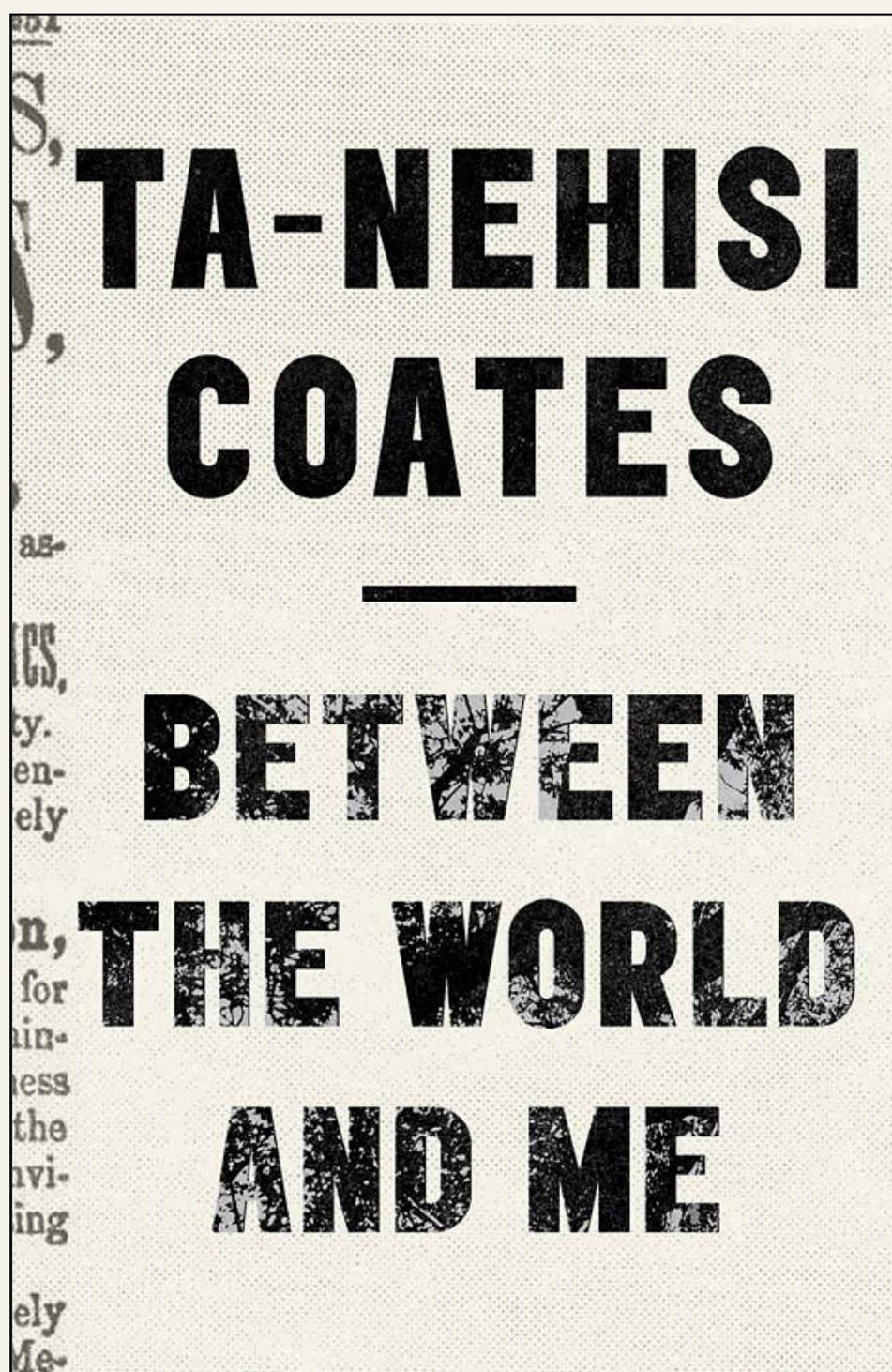
What do you hope
future generations
will say about this
moment in time?

Never again.

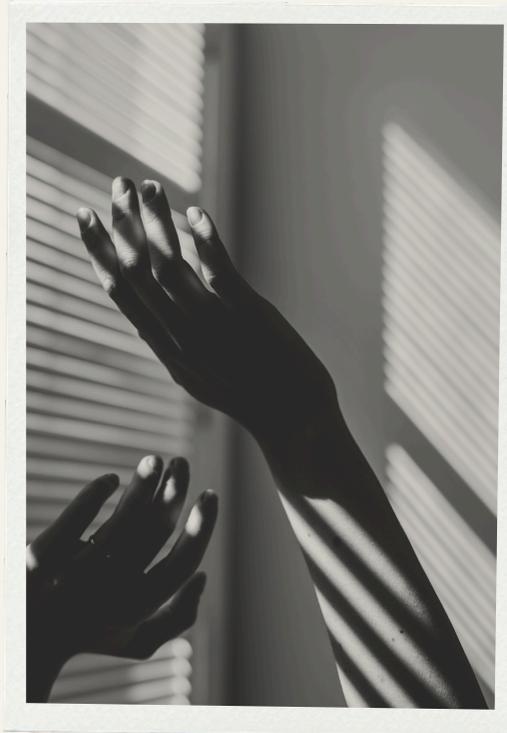
THE LIBRARY

We asked Rachel to share a work from the arts and humanities that particularly speaks to her, and expresses a core value within her work.

This is her recommendation.



Rachel Donald
Writer + Documentarian | Steward
PLANET: CRITICAL



“More than ever, I feel that the only thing to be done is to reach out to one another and deepen the relational infrastructure of being human.”



Thank you

RACHEL

for sharing your world and for embodying the
spirit of a steward.



STEWARD'S CORNER | 5XFIVE

FIVE QUESTIONS, FIVE SEEDS OF
TRANSFORMATION

WITH EACH EDITION OF STEWARD'S
CORNER | 5XFIVE, WE SEEK TO PLANT
FIVE SEEDS OF TRANSFORMATIVE
STORY-TELLING, HOPING THEY TAKE
ROOT AND RISE INTO A LIVING FOREST
OF *INSPIRATION* AND MEANINGFUL
ACTION.

WWW.AGEOFTHESTEWARD.COM
@AGEOFTHESTEWARD